Maria Kosma, PhD Associate Professor (tenured) Louisiana State University School of Kinesiology 331 Peabody Hall Baton Rouge, LA 70803

> (225) 578-8016 (Office) mkosma@lsu.edu

EDUCATION

2008

- 2003 **Doctor of Philosophy** (*GPA* = 4.0), Oregon State University, Program of Exercise and Sport Science (*formerly*: Department of Exercise and Sport Science), Corvallis, OR. *Major*: Exercise and Sport Science. *Minor*: Psychology. Major advisors: Drs. Brad Cardinal and Jeff McCubbin.
- 1999 **Master of Science** (*with distinction*), University of Jyväskylä, Department of Sport Sciences: Physical Education and Social Sciences (*formerly*: Department of Physical Education), Jyväskylä, Finland. The first semester (Fall 1998) of the Master's degree took place at the Catholic University Leuven, Faculty of Kinesiology and Rehabilitation Sciences (*formerly*: Faculty of Physical Education and Physiotherapy), Leuven, Belgium. *Concentration*: Adapted Physical Activity. Major advisor: Dr. Pauli Rintala.
- 1997 **Bachelor of Science**, National & Kapodistrian University of Athens, Faculty of Physical Education and Sport Science, Athens, Greece. Specialization (*with distinction*): Adapted Physical Activity.
- 1993 **Diploma** (*with distinction*), 4th General High School, Lamia, Greece.

ACADEMIC APPOINTMENTS AND RELATED PROFESSIONAL EXPERIENCE

- 2009- Associate Professor (tenured), Louisiana State University, School of Kinesiology, Baton Rouge, LA. Present
- 2018 **Sabbatical Scholar** (spring, 2018), School of Public Health and Health Sciences, University of Massachusetts, Amherst, MA.
- 2010 **Sabbatical Scholar** (summer, 2010), Cancer Prevention Research Center, University of Rhode Island, Kingston, RI.
- 2003- Assistant Professor, Louisiana State University, School of Kinesiology, Baton Rouge, LA.
- 2000- Graduate Research and Teaching Assistant, Oregon State University, Program of Exercise and Sport
- 2003 Science (*formerly*: Department of Exercise and Sport Science), Corvallis, OR.
- 1995- Undergraduate Research Assistant, National & Kapodistrian University of Athens, Faculty of Physical
 Education and Sport Science, Athens, Greece.

RESEARCH INTERESTS

My main research interests include physical activity health promotion related to culture, arts, social justice, and personal choice. I approach movement and public health in a humanistic way, emphasizing personal and community needs and aspirations in relation to society, physical culture, and diversity. Consistent with the mission of LSU, the college, and the school, my work is informed by and grounded in working with often-marginalized population segments, including African American older and young adults and people with disabilities.

PUBLICATIONS

Peer-Reviewed Journal Articles (underlined name denotes graduate student)

- Kosma, M., & Erickson, N. (in press; published online first on 8.15.19). The embodiment of aerial practice: Body, mind, emotion. *Journal of Dance Education*. doi:10.1080/15290824.2019.1622706. Selected as *Feature* article.
- Kosma, M., & Buchanan, D. R. (2019). Aspects of depression among socio-economically disadvantaged African American young adults. *International Quarterly of Community Health Education*, 39, 199-207. https://doi.org/10.1177/0272684X19829612. Selected article to lead journal issue.
- Ellis, R., Kosma, M., Agnew, S., & Bauer, J. J. (2019). Do temporal scores of motivational constructs correspond with physical activity levels? *Disability & Health Journal*, 12, 51-57. doi:10.1177/0272684X19829612
- Kosma, M., & Buchanan, D. R. (2018). Exercise behavior, facilitators and barriers among socio-economically disadvantaged African American young adults. *International Journal of Kinesiology and Sports Science*, 6, 1-8. http://dx.doi.org/10.7575/aiac.ijkss.v.6n.2p.1. Selected article to lead journal issue.
- Kosma, M., & Buchanan, D. R. (2018). "Connect," log it, track it, go! *Techne*—not technology—and embodiment to achieve *phronesis* in exercise promotion. *Quest*, 70, 100-113. doi:10.1080/00336297.2017.1355818
- 42. Kasser, S. L., & Kosma, M. (2018). Social cognitive factors, physical activity, and mobility impairment in adults with multiple sclerosis. *Behavioral Medicine*, *44*, 306-313. doi:10.1080/08964289.2017.1368441
- Kosma, M., Buchanan, D. R., & Hondzinski, J. M. (2017). Complexity of exercise behavior among older African American women. *Journal of Aging and Physical Activity*, 25, 333-344. https://doi.org/10.1123/japa.2016-0032. Selected article to lead journal issue.
- Kosma, M., Hondzinski, J. M., & Buchanan, D. R. (2017). Exercise, health, and falls risks among older African American women. *International Journal of Kinesiology & Sports Science*, 5, 16-27. http://dx.doi.org/10.7575/aiac.ijkss.v.5n.3p.16
- 39. Kosma, M., & Cardinal, B. J. (2016). The transtheoretical model, physical activity, and falls risks among diverse older adults. *Activities, Adaptation & Aging, 40*, 35-52. doi:10.1080/01924788.2016.1127051
- 38. Kosma, M., & Cardinal, B. J. (2016). Theory-based physical activity beliefs by race and activity levels among older adults. *Ethnicity & Health, 21*, 181-195. doi:10.1080/13557858.2015.1047741
- 37. Kosma, M., Buchanan, D. R., & Hondzinski, J. M. (2015). The role of values in promoting physical activity. *Quest*, 67, 241-254. doi:10.1080/00336297.2015.1050117. Selected article to lead journal issue.

- 36. Kosma, M. (2014). An expanded framework to determine physical activity and falls risks among diverse older adults. *Research on Aging. An International Bimonthly Journal*, 36, 95-114. doi:10.1177/0164027512469215. Featured in ElderBranch: http://www.elderbranch.com/blog/a-framework-for-falls-prevention-in-the-elderly/
- 35. <u>Parish, T.R.</u>, Kosma, M., & Welsch, M.A. (2013). Stage of readiness for planned activity reveals heart failure patients at higher risk. *Open Journal of Preventive Medicine*, *3*, 118-127.
- 34. Kim, Y., & Kosma, M. (2013). Psychosocial and environmental correlates of physical activity among older adults. *Research on Aging. An International Bimonthly Journal*, 35, 750-767. doi:10.1177/0164027512462412
- Ellis, R., Kosma, M., & Symons Downs, D. (2013). Moderators of youth exercise intention and behavior. *Health Education and Behavior*, 40, 305-310. doi:10.1177/1090198112441000
- Ellis, R., Kosma, M., <u>Fabre, J.M.</u>, <u>Moore, D.S.</u>, & Wood, R.H. (2013). Proximal determinants of falls risk among independent-living older adults. *Research on Aging*. *An International Bimonthly Journal*, 35, 420-436. doi:10.1177/0164027512446940
- 31. Kasser, S. L., & Kosma, M. (2012). Health beliefs and physical activity behavior in adults with multiple sclerosis. *Disability and Health Journal*, *5*, 261-268.
- Kosma, M., Ellis, R., & Bauer, J.J. (2012). Longitudinal changes in psychosocial constructs and physical activity among adults with physical disabilities. *Disability and Health Journal*, 5, 1-8. http://dx.doi.org/10.1016/j.dhjo.2011.09.002. Selected article to lead journal issue.
- <u>Zhang, T.</u>, Solmon, M. A., <u>Gao, Z.</u>, & Kosma, M. (2012). Promoting school students' physical activity: A social ecological perspective. *Journal of Applied Sport Psychology*, 24, 92-105.
- Moore, D.S., Ellis, R., Kosma, M., Fabre, J.M., McCarter, K.S., & Wood, R.H. (2011). Comparison of the validity of four fall-related psychological measures in a community-based falls risk screening. *Research Quarterly for Exercise and Sport*, 82, 545-554.
- <u>Gao, Z.</u>, Liu, Y., Lodewyk, K., <u>Zhang, T.</u>, & Kosma, M. (2011). Reliability and validity of outcome expectancy-related measures in physical education. *Measurement in Physical Education and Exercise Science*, 15, 155-167.
- <u>Zhang, T.</u>, Solmon, M.A., Kosma, M., Carson, R., & <u>Gu, X</u>. (2011). Need support, need satisfaction, intrinsic motivation, and physical activity participation among middle school students. *Journal of Teaching in Physical Education*, 30, 51-68.
- <u>Gao, Z.</u>, Lee, A.M., Xiang, P., & Kosma, M. (2011). Effect of learning activity on students' motivation, physical activity levels and effort/persistence. *International Council for Health, Physical Education, Recreation, Sport, and Dance Journal of Research, 6,* 58-64.
- 24. Kosma, M., & Ellis, R. (2010). Establishing construct validity of a stages-of-change algorithm for physical activity. *American Journal of Health Promotion*, 25, e11-e20. Selected as the leading article on Measurement Issues for journal issue.
- 23. <u>Fabre, J.M.</u>, Ellis, R., Kosma, M., & Wood, R.H. (2010). Falls risk factors and a compendium of falls risk screening instruments. *Journal of Geriatric Physical Therapy*, *33*, 184-197.

- Fabre, J.M., Ellis, R., Kosma, M., Moore, D.S., McCarter, K.S., & Wood, R.H. (2010). Development and validation of the comprehensive falls risk screening instrument. *Physical & Occupational Therapy in Geriatrics*, 28, 181-194. doi:10.3109/02703181003640124
- <u>Gao, Z</u>., Lee, A.M., Kosma, M., & Solmon, M.A. (2010). Understanding students' motivation in middle school physical education: Examining the mediating role of self-efficacy on physical activity. *International Journal of Sport Psychology*, 41, 199-215.
- <u>Gao, Z.</u>, Lee, A.M., Solmon, M.A., Kosma, M., Carson, R.L., <u>Zhang, T.</u>, <u>Domangue, E.</u>, & <u>Moore, D</u>. (2010). Validating pedometer-based physical activity time against accelerometer in middle school physical education. *International Council for Health, Physical Education, Recreation, Sport, and Dance Journal of Research, 4*, 11-16.
- Antikainen I.E., Ellis R., Kosma, M., Allen, P.D., Cherry, K.E., Monroe, P.A., & Wood, R.H. (2010). Examining change in theory-based physical activity beliefs of culturally diverse older adults. *Journal of Applied Gerontology*, 29, 507-517. doi:10.1177/0733464809341469
- Ellis, R., Kosma, M., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2009). A comparison of two measures of physical activity among adults with physical disabilities: The issue of scale correspondence. *Journal of Developmental and Physical Disabilities*, 21, 393-407. doi:10.1007/s10882-009-9150-z
- Kosma, M., Ellis, R., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2009). Psychosocial predictors of physical activity and health-related quality of life among adults with physical disabilities: An integrative framework. *Disability and Health Journal*, 2, 104-109.
- 16. <u>Winchester F.</u>, Ellis R., Kosma, M., Cherry, K.E., Allen, P.D., Monroe, P.A., & Wood, R.H. (2009). Predictors of ADL disability in culturally diverse older adults. *International Journal of Exercise Science*, *2*, 202-214.
- 15. <u>Gao, Z</u>., Kosma, M., & Harrison, L., Jr. (2009). Ability beliefs, task value, and performance as a function of race in a dart-throwing task. *Research Quarterly for Exercise and Sport, 80,* 122-130.
- 14. <u>Gao, Z.</u>, & Kosma, M. (2008). Intention as a mediator of weight training behavior among college students: An integrative framework. *Journal of Applied Sport Psychology*, 20, 363-374.
- 13. <u>Parish, T.R.</u>, Kosma, M., & Welsch, M.A. (2007). Exercise training for the patient with heart failure: Is your patient ready? *Cardiopulmonary Physical Therapy Journal*, *18*, 12-20.
- 12. Ellis, R., Kosma, M., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2007). Physical activity beliefs and behaviour of adults with physical disabilities. *Disability and Rehabilitation*, 29, 1221-1227.
- 11. Kosma, M., Ellis, R., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2007). The mediating role of intention and stages of change in physical activity among adults with physical disabilities: An integrative framework. *Journal of Sport & Exercise Psychology*, 29, 21-38.
- 10. <u>Grodesky, J.M.</u>, Kosma, M., & Solmon, M.A. (2006). Understanding older adults' physical activity behavior: A multi-theoretical approach. *Quest*, 58, 310-329.
- Kosma, M., Ellis Gardner, R., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2006). Psychosocial determinants of stages of change and physical activity among adults with physical disabilities. *Adapted Physical Activity Quarterly*, 23, 49-64.

- 8. Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2005). A pilot study of a web-based physical activity motivational program for adults with physical disabilities. *Disability and Rehabilitation*, *27*, 1435-1442.
- 7. Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2004). Recruitment techniques among understudied populations and their implications for physical activity promotion. *Quest*, 56, 413-420.
- 6. Kosma, M., Cardinal, B. J., & McCubbin, J. A. (2004). Predictors of physical activity stage of change among adults with physical disabilities. *American Journal of Health Promotion*, 19, 114-117.
- 5. Kosma, M., Wood, T.M., Rintala, P., & Acock, A.C. (2004). A comparison of the effects of health-related fitness and motor ability on adaptive behavior among adults with intellectual disabilities. *Journal of Human Movement Studies*, *47*, 303-326.
- 4. Cardinal, B.J., & Kosma, M. (2004). Self-efficacy and the stages and processes of change associated with adopting and maintaining muscular fitness-promoting behaviors. *Research Quarterly for Exercise and Sport*, 75, 186-196.
- 3. Cardinal, B.J., Kosma, M., & McCubbin, J.A. (2004). Factors influencing the exercise behavior of adults with physical disabilities. *Medicine and Science in Sports and Exercise, 36*, 868-875.
- 2. Kosma, M., Cardinal, B.J., & Rintala, P. (2002). Motivating individuals with disabilities to be physically active. *Quest*, 54, 116-132.

Book Chapter

1. Kosma, M. (2007). Expert commentary: The conceptualization of the stages of physical activity change among people with physical disabilities (pp. 1-6). In L.A. Chiang (Ed.), *Motivation of Exercise and Physical Activity*. Hauppauge, NY: Nova Science.

Manuscripts in Review

- 1. Kosma, M., Erickson, N., Savoie, C. J., & Gibson, M. (in review). Skill development vs. performativity among beginners in aerial practice: An embodied and practical experience.
- 2. Kosma, M., Erickson, N., Savoie, C. J., & Gibson, M. (in review). The effectiveness of performative aerial practice on mental health and the love of movement.
- 3. Kosma, M., & Erickson, N. (in review). The love of aerial practice: Art, embodiment, phronesis.
- 4. Marshall, K. E., Kim, M., Kosma, M., & Frusher, S. (in review). Physical activity facilitators, barriers, and life challenges among Native American freshmen.

Abstracts/Conference Proceedings/Newsletters

- 1. Kosma, M., Erickson, N., Savoie, C. J., & Gibson, M. (in press). Aerial practice performativity, joy, lifestyle, and mental health effects. *Research Quarterly for Exercise and Sport* (Supplement).
- Kosma, M., Erickson, N., Savoie, C. J., & Gibson, M. (2019). Skill development vs. performativity among beginners in aerial practice (pp. 21-22). In G.T. Papanikos (Ed.), *Abstract Book: 15th Annual International Conference on Sport and Exercise Science*. Athens, Greece: Athens Institute for Education and Research (ATINER).

- 3. Kosma, M., & Erickson, N. (2019). The love of aerial dance: Art, movement, community. *Research Quarterly for Exercise and Sport*, *90* (Supplement), A97-A98.
- 4. Kosma, M., & Erickson, N. (2019). Body, mind, and emotion in aerial dance. *Research Quarterly for Exercise and Sport*, 90 (Supplement), A47-A48.
- Kim, M., Jung, J., & Kosma, M. (2018). Children's physical activity participation by disability existence, gender, and age. 2018 North American Federation of Adapted Physical Activity Symposium. Individuals, Communities, and Beyond: Promoting Full Participation and Well-Being (pp. 78-79). Corvallis, OR: Oregon State University.
- 6. Kosma, M., & Buchanan, D.R. (2018). Exercise facilitators and barriers among African American young adults. *Research Quarterly for Exercise and Sport, 89* (Supplement), A80.
- 7. Kosma, M., & Buchanan, D.R. (2018). Aspects of depression among African American young adults. *Research Quarterly for Exercise and Sport, 89* (Supplement), A81.
- 8. Kosma, M., Buchanan, D. R., & Hondzinski, J. M. (2017). Dilemmas in exercise behavior among older African American women. *Research Quarterly for Exercise and Sport, 88* (Supplement), A72.
- 9. Kosma, M., Hondzinski, J. M., & Buchanan, D. R. (2017). Exercise, health, and falls risks among older African American women. *Research Quarterly for Exercise and Sport, 88* (Supplement), A79-A80.
- Kosma, M., & Buchanan, D. R. (2017). "Connect", log it, track it, go! *Techne* or practical wisdom in exercise promotion? (p. 19). In G.T. Papanikos (Ed.), *Abstract Book: 13th Annual International Conference on Kinesiology and Exercise Sciences*. Athens, Greece: Athens Institute for Education and Research (ATINER).
- Kosma, M., Buchanan, D. R., & Hondzinski, J. (2016). Practical reasoning in physical activity promotion (p. 19). In G.T. Papanikos (Ed.), *Abstract Book: 12th Annual International Conference on Kinesiology and Exercise Sciences*. Athens, Greece: Athens Institute for Education and Research (ATINER).
- 12. Hondzinski, J. M., Kosma, M., Buchanan, D. R., McDougal., D. R., & Strain, C. (2016). Mobility differences exist between races in older women. *Journal of Sport & Exercise Psychology*, 37 (Supplement), S68.
- 13. Ellis, R., Kosma, M., & Bauer, J. J. (2015). Changes in physical activity levels and motivational constructs by disability severity and type. *Annals of Behavioral Medicine*, 49 (Supplement 1), S29.
- 14. Kosma, M. (2015). Stages of physical activity change, self-determination, and adults with disabilities. *Research Quarterly for Exercise and Sport, 86* (Supplement 2), A77.
- 15. Kosma, M., & Cardinal, B. J. (2015). Older adults' physical activity beliefs by race and activity status. *Research Quarterly for Exercise and Sport, 86* (Supplement 2), A76-A77.
- 16. Kosma, M. (2014). Self-Determination for physical activity among adults with physical disabilities. *Research Quarterly for Exercise and Sport*, 85 (Supplement 1), A31.
- 17. Kosma, M., & Ellis, R. (2014). Theory-based physical activity beliefs of culturally diverse older adults. *Research Quarterly for Exercise and Sport, 85* (Supplement 1), A31.
- Gao, Z., Lewis, B., & Kosma, M. (2013). Using the Transtheoretical Model to examine the effects of exergaming on physical activity among children. Medicine and Science in Sports and Exercise, 45 (Supplement), S401.

- 19. Ellis, R., & Kosma, M. (2013). Prospective analysis of physical activity among individuals with physical disabilities. *Research Quarterly for Exercise and Sport, 84* (Supplement), A71-A72.
- 20. Kosma, M., & Kim, T. (2012). Predictors of physical activity and falls risks among diverse older adults. *Annals of Behavioral Medicine*, 43 (Supplement), s203.
- 21. Kosma, M., & Kasser, S. (2012). *Psychosocial predictors of physical activity among adults with multiple sclerosis. Annals of Behavioral Medicine*, 43 (Supplement), s203.
- Kim, T., & Kosma, M. (2011). Determinants of physical activity and falls risks among older adults. *Research Quarterly for Exercise and Sport*, 82 (Supplement), A-65.
- 23. Kosma, M., & Ellis, R. (2010). Stages-of-change physical activity scale for adults with physical disabilities. *Research Quarterly for Exercise and Sport*, 81 (Supplement), A-91.
- 24. Kim, T., & Kosma, M. (2010). Application of the transtheoretical model among diverse older adults using a modified, stages-of-change scale. *Journal of Sport & Exercise Psychology, 32* (Supplement), S185.
- 25. Ellis, R., Kosma, M., & Symons Downs, D. (2010). Moderators of youth exercise intention and behavior. *Journal of Sport & Exercise Psychology, 32* (Supplement), S159.
- 26. Kosma, M., Ellis, R., & Li, L. (2009). Predictors of physical activity among older adults with peripheral neuropathy. *Research Quarterly for Exercise and Sport, 80* (Supplement), A-102-103.
- Moore, S.D., Ellis, R., Kosma, M., Fabre, J., McCarter, K.S., & Wood, R.H. (2009). Validation of fall-related psychological measures among independent-living older adults. *Research Quarterly for Exercise and Sport, 80* (Supplement), A-119-120.
- Zhang, T., Solmon, M.A., Gao, Z., & Kosma, M. (2009). Examining school students' participation in leisuretime physical activity behaviors [2009 Research Consortium Graduate Student Award Winner]. *Research Quarterly for Exercise and Sport*, 80, (Supplement), A-36.
- 29. Kosma M. (2008). Psychosocial determinants of physical activity for improved health-related quality of life among adults with physical disabilities. 2008 KAHPERD International Congress: Illuminating the Legacy of Seoul Olympic Games, (Proceedings: pp. 111 118), Seoul, Korea.
- Holton, F., Ellis, R., Kosma, M., Cherry, K., Antikainen, I., Russell, R., & Wood, R. (2008). Predictors of ADL disability in culturally diverse older adults. *Medicine and Science in Sports and Exercise*, 40 (Supplement), S487.
- Gao, Z., Lee, A.M., Kosma, M., & Solmon, M.A. (2008). Understanding students' motivation in physical education: Examining the mediating role of self-efficacy on physical activity. *Medicine and Science in Sports* and Exercise, 40, (Supplement), S250-S251.
- 32. Gao, Z., Liu, Y., Zhang, T., & Kosma, M. (2008). Temporal stability of outcome expectancy in middle school physical education. *Research Quarterly for Exercise and Sport, 79* (Supplement), A-32-33.
- 33. Antikainen I.E., Ellis, R., & Kosma, M. (2007). Change in physical activity beliefs among culturally diverse older adults. *Journal of Sport & Exercise Psychology, 29* (Supplement), S144.

- Gao, Z., Lee, A., Solmon, M., Kosma, M., Carson, R., Zhang, T., Domangue, E., & Moore, D. (2007). Comparison of objective measures of in-class activity levels among middle school students. *Medicine and Science in Sports and Exercise, 39* (Supplement 5), S185.
- Kosma, M., Ellis Gardner, R., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2007). Health-related quality of life predictors for adults with physical disabilities. *Research Quarterly for Exercise and Sport*, 78 (Supplement), A-100.
- Kosma M., Ellis Gardner, R., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2006). The mediating role of the stages of change in physical activity among adults with physical disabilities. 26th International Congress of Applied Psychology (p. 758), Athens, Greece: International Association of Applied Psychology.
- Rintala, P., Kosma M., Wood, T.M., & Acock, A.C. (2006). Determinants of adaptive behavior among adults with intellectual disabilities. *The role of physical education and sport in promoting physical activity and health* (p. 157). Jyväskylä, Finland: University of Jyväskylä.
- Kosma, M., Parish, T.R., Moore, C. & Welsch, M.A. (2006). Relationship between stages of change, physical activity, and exercise tolerance among patients with heart failure. *Medicine and Science in Sports and Exercise*, 38 (Supplement 5), S254.
- Parish, T.R., Kosma, M., Moore, C., & Welsch, M.A. (2006). Stage of readiness to adopt exercise identifies patients with heart failure at increased risk. *Medicine and Science in Sports and Exercise*, 38 (Supplement 5), S253-S254.
- Ellis Gardner, R., Kosma, M., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2006). The Mediating role of intention in physical activity among adults with physical disabilities. *Journal of Sport & Exercise Psychology*, 28 (Supplement), S62.
- 41. Ellis Gardner, R., **Kosma, M.**, Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2006). Physical activity beliefs and behavior of adults with physical disabilities. *Journal of Sport & Exercise Psychology, 28* (Supplement), S61-S62.
- 42. Paul, K.C., Ellis Gardner, R., Kosma, M., Solmon, M., & Symons Downs, D. (2006). Psychological correlates of youth exercise behavior. *Journal of Sport & Exercise Psychology*, 28 (Supplement), S145-S146.
- Tuuri, G., Solmon, M., Chen, J., Laird, R., Kosma, M., & Vuppala S. (2005). Development and pilot testing of a body mass index-for-age percentile report card. *Medicine and Science in Sports and Exercise*, 37 (Supplement 5), S433.
- Kosma, M., McCubbin, J.A., & Cardinal B.J. (2005). Longitudinal effects of a web-based physical activity motivational program among adults with physical disabilities. *Research Quarterly for Exercise and Sport*, 76 (Supplement 1), A-116.
- 45. Karp, G.G., Woods, M.L., Panton, L., & Kosma, M. (2005). Navigating the job search in higher education. *Research Quarterly for Exercise and Sport*, 76 (Supplement 1), A-3.
- Kosma, M., McCubbin, J.A., & Cardinal B.J. (2004). Recruitment techniques among understudied populations and their implications for physical activity promotion. *Back to the future: Interdisciplinary perspectives in multidisciplinary research* (p. 37). Thunder Bay, ON: Lakehead University.

- 47. Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2004). Relationship of physical activity motivational factors among physically inactive adults with physical disabilities. *Sport science through the ages: Challenges in the new millennium* (Vol. 1) (pp. 189-190). Thessaloniki, Greece: Aristotle University of Thessaloniki.
- 48. Kosma, M. (2004). Research in kinesiology: Web-based physical activity motivational programs among adults with physical disabilities. *College of Education Journal*, *3*, 1.
- Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2004). Psychosocial influences of physical activity stage patterns among inactive adults with physical disabilities. *Research Quarterly for Exercise and Sport*, 75 (Supplement 1), A-108-109.
- Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2004). Web-based motivational materials aimed at physical activity initiation and enhancement among adults with physical disabilities. *Research Quarterly for Exercise* and Sport, 75 (Supplement 1), A-109.
- Chung, Y., James, A.R., Kosma, M., & Roper, E.A. (2004, April). Making a successful transition from student to professional --Tips from early career professors. *AAHPERD 2004: Together we can lead the way* (p. 173). New Orleans, LA.
- Cardinal, B.J., Kosma, M., & McCubbin, J.A. (2003). A national study of adults with physical disabilities' physical activity behavior using transtheoretical model constructs. *Medicine and Science in Sports and Exercise*, 35 (Supplement 5), S75.
- 53. Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2003). Factors influencing physical activity among adults with physical disabilities. *Research Quarterly for Exercise and Sport 74*, (Supplement 1), Axix Axx.
- 54. Cardinal, B.J., Kosma, M., & McCubbin, J.A. (2003). Transtheoretical strategies for physical activity. *Changing Concepts of Health and Disability* (pp. 55-63). Bethesda, MD: OHSU.
- 55. Kosma, M. (2002). Great opportunity for graduate students in NAFAPA 2002. International Federation of Adapted Physical Activity Newsletter, 10, 2.
- 56. Kosma, M., & McCubbin, J.A. (2002). Overcoming barriers to physical activity for health. *Celebrate Wellness III* (p. 14). Eugene, OR: OHSU & CDC.
- 57. Kosma, M., Wood, T.M., Rintala, P., & Acock, A.C. (2002). Influential factors of adaptive behavior among adults with intellectual disabilities. *NAFAPA goes northwest*. *NAFAPA 2002. Health and wellness: Opening doors and opening minds* (p. 34). Corvallis, OR: Oregon State University.
- 58. Kosma, M., Cardinal, B.J., & Rintala, P. (2002). Theories and strategies for motivating individuals with disabilities to be physically active. *NAFAPA goes northwest*. *NAFAPA 2002. Health and wellness: Opening doors and opening minds* (p. 27). Corvallis, OR: Oregon State University.
- Cardinal, B.J., & Kosma, M. (2002). Transtheoretical model and muscular fitness promoting behaviors. NAFAPA goes northwest. NAFAPA 2002. Health and wellness: Opening doors and opening minds (p. 48). Corvallis, OR: Oregon State University.
- Kosma, M. (2001). The antidepressant effect of exercise. The 30th National Conference on Physical Activity for the Exceptional Individual. Reaching for the stars. The odyssey continues... (pp. 64-68). Los Angeles, CA: CAHPERD.

61. **Kosma, M.**, Karteroliotis, K., & Papathomopoulos, K. (1998). The examination of sport orientation in Greek athletes. 2nd International Congress on Sport Psychology (pp. 251-253). Trikala, Greece: University of Thessaly.

INVITED NATIONAL AND/OR INTERNATIONAL PRESENTATIONS

- 1. Kosma, M. (2008, September). *Psychosocial determinants of physical activity for improved health-related quality of life among adults with physical disabilities*. GUEST SPEAKER at the KAHPERD International Congress, Olympic Parktel & Korea National University, Seoul, Korea.
- Kosma, M. (2008, September). *Psychosocial aspects of physical activity*. GUEST SPEAKER, special lecture seminar for undergraduate students, graduate students, and faculty, Seoul National University of Technology, Seoul, Korea.
- 3. Kosma, M., Ellis, R., & Li, L. (2008, May). *Predictors of the stages of physical activity change among older adults with peripheral neuropathy*. **INVITED POSTER PRESENTATION** at the State of the Science Conference on Health, Wellness and Disability, Portland, OR.
- 4. Kosma, M., Cardinal, B.J., Frey, G., & Temple, V. (2006, June). *Psychosocial determinants of physical activity among people with physical disabilities*. In B.J. Cardinal, G. Frey, V. Temple., & M. Kosma. Physical activity behavior and people with disabilities: Emerging issues in research and practice. **INVITED SYMPOSIUM** at the annual meeting of the American College of Sports Medicine, Denver, CO.
- 5. Karp, G.G., Woods, M.L., Panton, L., & Kosma, M. (2005, April). *Navigating the job search in higher education*. **INVITED PRESENTATION** at the American Alliance for Health, Physical Education, Recreation and Dance convention, Chicago, IL.
- 6. Chung, Y., James, A.R., Kosma, M., & Roper, E.A. (2004, April). *Making a successful transition from student to professional --Tips from early career professors*. INVITED PROFESSIONAL COLLOQUIUM at the American Alliance for Health, Physical Education, Recreation and Dance convention, New Orleans, LA.
- Kosma, M. (2002, June). Overcoming barriers and motivational strategies to be physically active. In B.J. Cardinal, L.M. Griebenauw, M. Kosma, & A. Tripp, *Physical activity everyday, for everybody: Current status of research, reports, and legal issues in adapted physical activity.* INVITED SYMPOSIUM at the National Council on Independent Living conference, Washington, DC.
- 8. Cardinal, B.J., Griebenauw, L.M., Kosma, M., & Tripp, A. (2002, June). *Physical activity everyday, for everybody: Modifying physical activity equipment and games.* **INVITED SYMPOSIUM** at the National Council on Independent Living conference, Washington, DC.
- 9. Kosma, M., Cardinal, B.J., and McCubbin, J.A. (2001, November). *Physical activity, motivation, and people with disabilities*. **INVITED WEB-CAST PRESENTATION** organized by the Independent Living Research Utilization, http://www.ilru.org/.

OTHER INVITED PRESENTATIONS

- 1. Kosma, M. (2019, April). Aspects of depression among socioeconomically disadvantaged African American young adults. INVITED RESEARCH PRESENTATION for Boise State University, School of Allied Health Sciences, Boise, ID.
- 2. Kosma, M. (2016, September). Complexity of exercise behavior among older African American women. INVITED RESEARCH BRIEF for the LSU Life Course and Aging Center, Baton Rouge, LA.

- Kosma, M (2013, September). Don't fall for it Learning to prevent falls. INVITED WORKSHOP for the conference of the new School of Nutrition & Food Sciences at Louisiana State University. Conference theme: "Celebrating the New School of Nutrition & Food Sciences The Community is Our Campus." Louisiana State University, Baton Rouge, LA.
- 4. Kosma, M (2011, November). *Do health promoters have people in mind*? **FEATURED SPEAKER** for the "Classes without Quizzes" homecoming seminar at Oregon State University, Corvallis, OR.
- 5. Kosma, M. (2010, June). *Physical activity promotion for health and wellness among adults with physical disabilities*. **INVITED SPEAKER** at the seminar for faculty members and graduate students, Department of Psychology and the Cancer Prevention Research Center, University of Rhode Island, Kingston, RI.
- Paul, K.C., Ellis Gardner, R., Kosma, M., Solmon, M., & Symons Downs, D. (2006, March). *Psychological correlates of youth exercise behavior*. INVITED PRESENTATION at the Life Course and Aging Center Luncheon, Louisiana State University, Baton Rouge, LA.
- Kosma, M. (2003, June). A National initiative to promote physical activity among adults with physical disabilities. INVITED PRESENTATION at the Council of Regents event, Oregon State University, Corvallis, OR.
- Rintala, P., & Kosma, M. (2001, April). Familiarization to the European Master's Degree in Adapted Physical Activity (EMDAPA). INVITED TELECAST PRESENTATION at the Distance Education Seminar between Oregon State University and the University of Utah, Corvallis, OR.

NATIONAL AND/OR INTERNATIONAL PRESENTATIONS

- 1. Kosma, M., Erickson, N., Savoie, C. J., & Gibson, M. (2020, April). *Aerial practice performativity, joy, lifestyle, and mental health effects*. Research presentation for the SHAPE America national convention, Salt Lake City, UT.
- Kosma, M., Erickson, N., Savoie, C. J., & Gibson, M. (2019, July). Skill development vs. performativity among beginners in aerial practice. Research presentation for the 15th Annual International Conference on Sport and Exercise Science, Athens Institute for Education and Research (ATINER), Athens, Greece.
- 3. Kosma, M., & Erickson, N. (2019, April). *The love of aerial dance: Art, movement, community*. Research presentation for the SHAPE America national convention, Tampa, FL.
- 4. Kosma, M., & Erickson, N. (2019, April). *Body, mind, and emotion in aerial dance*. Research presentation for the SHAPE America national convention, Tampa, FL.
- 5. Kim, M., Jung, J., & Kosma, M. (2018, October). *Children's physical activity participation by disability existence, gender, and age.* Research presentation at the North American Federation of Adapted Physical Activity conference, Corvallis, OR.
- 6. Kosma, M., & Buchanan, D.R. (2018, March). *Exercise facilitators and barriers among African American young adults*. Research presentation for the SHAPE America national convention, Nashville, TN.
- 7. Kosma, M., & Buchanan, D.R. (2018, March). *Aspects of depression among African American young adults*. Research presentation for the SHAPE America national convention, Nashville, TN.

- Kosma, M., & Buchanan, D. R. (2017, July). "Connect", log it, track it, go! Techne or practical wisdom in exercise promotion? Oral presentation for the 13th Annual International Conference on Kinesiology and Exercise Sciences, Athens Institute for Education and Research (ATINER), Athens, Greece.
- Kosma, M., Buchanan, D. R., & Hondzinski, J. (2017, March). *Dilemmas in exercise behavior among older African American women*. Poster presentation for the SHAPE America national convention, Boston, MA.
- Kosma, M., Hondzinski, J., & Buchanan, D. R. (2017, March). *Exercise, health, and falls risks among older African American women*. Poster presentation for the SHAPE America national convention, Boston, MA.
- Kosma, M., Buchanan, D. R., & Hondzinski, J. (2016, July). *Practical reasoning in physical activity promotion*. Oral presentation at the 12th Annual International Conference on Kinesiology and Exercise Sciences, Athens Institute for Education and Research (ATINER), Athens, Greece.
- 12. Hondzinski, J. M., Kosma, M., Buchanan, D. R., McDougal., D. R., & Strain, C. (2016, June). *Mobility differences exist between races in older women*. Poster presentation at the North American Society for the Psychology of Sport and Physical Activity Annual Conference, Montreal, Canada.
- 13. Ellis, R., Kosma, M., & Bauer, J. J. (2015, April). *Changes in physical activity levels and motivational constructs by disability severity and type*. Poster presentation at the SBM convention, San Antonio, TX.
- 14. Kosma, M. (2015, March). *Stages of physical activity change, self-determination, and adults with disabilities*. Oral presentation at the SHAPE America convention, Seattle, WA.
- 15. Kosma, M., & Cardinal, B. J. (2015, March). *Older adults' physical activity beliefs by race and activity status*. Oral presentation at the SHAPE America convention, Seattle, WA.
- Kosma, M. (2014, April). Self-Determination for physical activity among adults with physical disabilities. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, St. Louis, MO.
- 17. Kosma, M., & Ellis, R. (2014, April). *Theory-based physical activity beliefs of culturally diverse older adults*. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, St. Louis, MO.
- 18. Gao, Z., Lewis, B., & Kosma, M. (2013, May). Using the Transtheoretical Model to examine the effects of exergaming on physical activity among children. Poster presentation at the 60th Annual Meeting and 4th World Congress on Exercise is Medicine of the American College of Sports Medicine, Indianapolis, IN.
- Ellis, R., & Kosma, M. (2013, April). Prospective analysis of physical activity among individuals with physical disabilities. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, Charlotte, NC.
- Kosma, M., & Kim, T. (2012, April). Predictors of physical activity and falls risks among diverse older adults. Poster presentation at the 33rd Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
- Kosma, M., & Kasser, S. (2012, April). Psychosocial predictors of physical activity among adults with multiple sclerosis. Poster presentation at the 33rd Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

- 22. Ellis, R., Kosma, M., Fabre, J.M., Moore, D.S., Antikainen, I., Baptiste, C., Kim, T., & Wood, R.H. (2011, November). Sociodemographic characteristics and falls risk factors among independent-living older adults. Paper presentation at the annual scientific meeting of the Gerontological Society of America, Boston, MA.
- 23. Kosma, M., Ellis, R., & Bauer, J.J. (2011, June). *Longitudinal changes in psychosocial constructs and physical activity among adults with physical disabilities*. Paper presentation at the International Conference of the Athens Institute for Education and Research (ATINER), Athens, Greece.
- 24. Kim, T., & Kosma, M. (2011, March). Determinants of physical activity and falls risks among older adults. Paper presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, San Diego, CA.
- 25. Gonzalez, K., Johnson, S., Ellis R., Kosma, M., Rajasekaran, C., & Wood R. (2011, October). *Timed get-up-and-go test: A comparison of the 3 meter and 10-meter tests*. Paper presentation at the Southwest American College of Sports Medicine Regional, Reno, NV.
- 26. Kim, T., & Kosma, M. (2010, June). Application of the transtheoretical model among diverse older adults using a modified, stages-of-change scale. Paper presentation at the North American Society for the Psychology of Sport and Physical Activity, Tucson, AZ.
- Ellis, R., Kosma, M., & Symons Downs, D. (2010, June). *Moderators of youth exercise intention and behavior*. Paper presentation at the North American Society for the Psychology of Sport and Physical Activity, Tucson, AZ.
- Kosma, M., & Ellis, R. (2010, March). Stages-of-change physical activity scale for adults with physical disabilities. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, Indianapolis, IN.
- 29. Ellis, R., Moore, D., Kosma, M., Fabre, J., & Wood, R. (2009, November). *An examination of the sensitivity of the Activities-specific Balance Confidence (ABC) scale*. Poster presentation at the scientific meeting of the Gerontological Society of America, Atlanta, GA.
- 30. Kosma, M., Ellis, R., & Li, L. (2009, July). *Application of the transtheoretical model for physical activity among older adults with peripheral neuropathy*. Paper presentation at the International Conference of the Athens Institute for Education and Research (ATINER), Athens, Greece.
- Kosma, M., Ellis, R., & Li, L. (2009, April). Predictors of physical activity among older adults with peripheral neuropathy. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, Tampa, FL.
- Moore, S.D., Ellis, R., Kosma, M., Fabre, J., McCarter, K.S., & Wood, R.H. (2009, April). *RC grant findings: validation of fall-related psychological measures among independent-living older adults*. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, Tampa, FL.
- 33. Zhang, T., Solmon, M.A., Gao, Z., & Kosma, M. (2009, April). Examining school students' participation in leisure-time physical activity behaviors [2009 Research Consortium Graduate Student Award Winner]. Poster presentation at the American Alliance for Health, Physical Education, Recreation, and Dance convention, Tampa, FL.

- 34. Holton, F., Ellis, R., Kosma, M., Cherry, K., Antikainen, I., Russell, R., & Wood, R. (2008, May). Predictors of ADL disability in culturally diverse older adults. Paper presentation at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
- 35. Gao, Z., Lee, A.M., Kosma, M., & Solmon, M.A. (2008, May). Understanding students' motivation in *physical education: Examining the mediating role of self-efficacy on physical activity.* Paper presentation at the Annual Meeting of the American College of Sports Medicine, Indianapolis, IN.
- Gao, Z., Liu, Y., Zhang, T., & Kosma, M. (2008, April). *Temporal stability of outcome expectancy in middle school physical education*. Poster presentation at the American Alliance for Health, Physical Education, Recreation and Dance convention, Fort Worth, TX.
- 37. Gao, Z., Lee, A.M., Xiang, P., & Kosma, M. (2008, March). Students' motivation and physical activity levels in middle school physical education: The effects of activity, grade, and gender. Paper presentation at the American Educational Research Association Annual Meeting, New York City, NY.
- 38. Zhang, T., Solmon, M.A., Kosma, M., Carson, R.L., & Gu, X. (2008, March). *Need support, need satisfaction, intrinsic motivation, and physical activity participation among middle school students.* Paper presentation at the American Educational Research Association Annual Meeting, New York City, NY.
- Antikainen I.E., Ellis, R., & Kosma, M. (2007, June). Change in physical activity beliefs among culturally diverse older adults. Poster presentation at the North American Society for the Psychology of Sport and Physical Activity conference, San Diego, CA.
- 40. Gao, Z., Lee, A., Solmon, M., Kosma, M., Carson, R., Zhang, T., Domangue, E., & Moore, D. (2007, June). *Comparison of objective measures of in-class activity levels among middle school students*. Poster presentation at the annual meeting of the American College of Sports Medicine, New Orleans, LA.
- 41. Kosma, M., Ellis Gardner, R., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2007, March). *Health-related quality of life predictors for adults with physical disabilities*. Poster presentation at the American Alliance for Health, Physical Education, Recreation and Dance convention, Baltimore, MD.
- 42. Kosma M., Ellis Gardner, R., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2006, July). *The mediating role of the stages of change in physical activity among adults with physical disabilities*. Paper presentation at the 26th International Congress of Applied Psychology, Athens, Greece.
- 43. Rintala, P., Kosma M., Wood, T.M., & Acock, A.C. (2006, July). *Determinants of adaptive behavior among adults with intellectual disabilities*. Paper presentation at the AIESEP World Congress, Jyväskylä, Finland.
- 44. Ellis Gardner, R., Kosma, M., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2006, June). *The Mediating role of intention in physical activity among adults with physical disabilities*. Paper presentation at the North American Society for the Psychology of Sport and Physical Activity conference, Denver, CO.
- 45. Ellis Gardner, R., Kosma, M., Cardinal, B.J., Bauer, J.J., & McCubbin, J.A. (2006, June). *Physical activity beliefs and behavior of adults with physical disabilities*. Poster presentation at the North American Society for the Psychology of Sport and Physical Activity conference, Denver, CO.
- Paul, K.C., Ellis Gardner, R., Kosma, M., Solmon, M., & Symons Downs, D. (2006, June). *Psychological correlates of youth exercise behavior*. Poster presentation at the North American Society for the Psychology of Sport and Physical Activity conference, Denver, CO.

- 47. Kosma, M., Parish, T.R., Moore, C. & Welsch, M.A. (2006, May). *Relationship between stages of change, physical activity, and exercise tolerance among patients with heart failure.* Poster presentation at the annual meeting of the American College of Sports Medicine, Denver, CO.
- Parish, T.R., Kosma, M., Moore, C., & Welsch, M.A. (2006, May). Stage of readiness to adopt exercise identifies patients with heart failure at increased risk. Poster presentation at the annual meeting of the American College of Sports Medicine, Denver, CO.
- Silverman, L., Lakkakula, P., Tuuri, G., Solmon, M.A., Chen, J., Laird, R., Kosma, M., & Vuppala, S. (2005, July). *Parent response to a body mass index report*. Presentation at the Society for Nutrition Education Annual conference, Orlando, FL.
- Tuuri, G., Solmon, M., Chen, J., Laird, R., Kosma, M., & Vuppala S. (2005, June). Development and pilot testing of a body mass index-for-age percentile report card. Paper presentation at the annual meeting of the American College of Sports Medicine, Nashville, TN.
- 51. Kosma, M., McCubbin, J.A., & Cardinal B.J. (2005, April). *Longitudinal effects of a web-based physical activity motivational program among adults with physical disabilities*. Paper presentation at the American Alliance for Health, Physical Education, Recreation and Dance convention, Chicago, IL.
- 52. Kosma, M., McCubbin, J.A., & Cardinal B.J. (2004, October). *Recruitment techniques among understudied populations and their implications for physical activity promotion*. Paper presentation at the North American Federation of Adapted Physical Activity conference, Thunder Bay, ON.
- 53. Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2004, August). *Relationship of physical activity motivational factors among physically inactive adults with physical disabilities*. Paper presentation at the AIESEP 2004 Pre-Olympic Congress, Thessaloniki, Greece.
- 54. Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2004, April). *Psychosocial influences of physical activity stage patterns among inactive adults with physical disabilities*. Paper presentation at the American Alliance for Health, Physical Education, Recreation and Dance convention, New Orleans, LA.
- 55. Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2004, April). *Web-based motivational materials aimed at physical activity initiation and enhancement among adults with physical disabilities*. Paper presentation at the American Alliance for Health, Physical Education, Recreation and Dance convention, New Orleans, LA.
- 56. Cardinal, B.J., **Kosma**, M., & McCubbin, J.A. (2003, May). *A national study of adults with physical disabilities' physical activity behavior using transtheoretical model constructs*. Poster presentation at the annual meeting of the American College of Sports Medicine, San Francisco, CA.
- Kosma, M., Cardinal, B.J., & McCubbin, J.A. (2003, April). Factors influencing physical activity among adults with physical disabilities. Paper presentation at the American Alliance for Health, Physical Education, Recreation and Dance convention, Philadelphia, PA.
- Cardinal, B.J., Kosma, M., & McCubbin, J.A. (2003, March). *Transtheoretical strategies for physical activity*. Research brief presented at the Changing Concepts for Health and Disability conference, Bethesda, MD.
- 59. Kosma, M., & McCubbin, J.A. (2002, October). *Overcoming barriers to physical activity for health*. Presentation at the Celebrate Wellness III conference, Eugene, OR.

- 60. Kosma, M., Wood, T.M., Rintala, P., & Acock, A.C. (2002, September). *Influential factors of adaptive behavior among adults with intellectual disabilities*. Paper presentation at the North American Federation of Adapted Physical Activity conference, Corvallis, OR.
- 61. Kosma, M., Cardinal, B.J., & Rintala, P. (2002, September). *Theories and strategies for motivating individuals with disabilities to be physically active*. Paper presentation at the North American Federation of Adapted Physical Activity conference, Corvallis, OR.
- 62. Cardinal, B.J., & Kosma, M. (2002, September). *Transtheoretical model and muscular fitness promoting behaviors*. Poster presentation at the North American Federation of Adapted Physical Activity conference, Corvallis, OR.
- Kosma, M. (2001, November). *The antidepressant effect of exercise*. Paper presentation at the 30th National Conference on Physical Activity for the Exceptional Individual, Los Angeles, CA.
- Kosma, M., Karteroliotis, K., & Papathomopoulos, K. (1998, Fall). *The examination of sport orientation in Greek athletes*. Presentation at the 2nd International Congress on Sport Psychology, University of Thessally, Trikala, Greece.

FUNDED RESEARCH GRANTS

- Kosma, M. (2019). The effects of an aerial silks program on the joy and meaning of movement and depression levels among socio-economically disadvantaged African American middle-school students. Peabody Society Dean's Circle Grant Program, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA. Amount Funded on May 2019: \$4,920.
- Kosma, M. (2018). Art, embodiment, and phronesis in exercise promotion. Peabody Society Dean's Circle Grant Program, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA. Amount Funded on June 2018: \$5,600.
- Kim, M., & Kosma, M. (Co-I) (2018). The effects of a performative exercise intervention on Korean immigrant older adults' physical function and exercise maintenance. Faculty Research Grant at Northeastern State University, Tahlequah, OK. Amount Funded on July 2018: \$2,852.
- Kasser, S., & Kosma, M. (Co-I) (2009). Health beliefs, intention and exercise behavior in MS. College of Nursing and Health Sciences Research Grant, University of Vermont, Burlington, VT. Amount Funded on June 2009: \$6,200.
- Kosma, M. (PI), & Ellis, R. (Co-I) (2007-2008). Construct validity of a stages-of-change algorithm among adults with multiple sclerosis. National Multiple Sclerosis Society (Grant No PP1463). Amount Funded on October 2007: \$44,000.
- Tuuri, G., Chen, J., Kosma, M. (Co-I), Laird, R., & Solmon, M.A. (2004-2005). Development and pilot testing of a school body mass index report card. LSU Faculty Research Grant Program Interdisciplinary Proposal. Amount Funded on February 2004: \$20,471.
- Kosma, M. (PI) (2004-2005). A web-based physical activity motivational program for adults with physical disabilities. LSU Summer Stipend Grant Program. Amount Funded on January 2004: \$5,000.

Kosma, M. (PI) (2002-2003). Interactive vs. non-interactive electronically delivered motivational materials for physical activity initiation and enhancement among adults with physical disabilities. International Trade and Development Graduate Fellowship, Nippon Foundation of Japan awarded through the Oregon University System. Amount Funded on May 2002: \$10,000.

NOT FUNDED RESEARCH GRANTS

- Fabre, J.M., Ma, O., Li, F., Kosma, M. (Co-I), & Wood, R (2014). *Tai chi and advanced gait analysis in community dwelling older adults*. Requested \$1,191,659 from the National Institute of Health Division of General Medical Sciences (1SC1GM109812-01A1). Proposal submitted on May 29, 2014. <u>Although it received a fundable score (40)</u>, funding was not provided due to limited NIH funds.
- Fabre, J.M., Ma, O., Li, F., Kosma, M., & Wood, R (2013). Tai chi and advanced gait analysis of community dwelling older adults. Requested \$1,241,000 from the National Institute of General Medical Sciences (1SC1GM109812-01). Proposal submitted on May 24, 2013. Not funded.
- Wood, R.H., Kosma, M., Ellis, R., & Favela, B. (2011). Lowering falls risk and improving health access for rural living older adults. Requested \$295,074 from the United States Department of Agriculture, Rural Health and Safety Program. Proposal revised and resubmitted on July 1, 2011. Not funded.
- Youngho, K., & Kosma, M. (2010). Physical activity and its related psychological constructs among Korean and American older adults: Application of the theory of planned behavior. Requested \$80,467 from the Global Research Network Program, Korean (National) Research Foundation. Proposal submitted June 10, 2010. Not funded.
- Wood, R., Kosma, M., Ellis, R., Strong, E., Jacquez, B., Tudor, G., Chamberlin, B. (2010). Lowering falls risk and improving health access for rural-living older adults. Requested \$350,000 from USDA/NIFA Rural Health and Safety Education Grant Program. PI (subcontractor) for Louisiana State University (LSU): Kosma M. Amount requested for LSU: \$70,000. Proposal submitted June 01, 2010. Not funded.
- Kosma, M. (2010). An electronically delivered, stage-matched, physical activity motivational program among adults with physical disabilities. Requested \$75,000 from the National Institute on Disability and Rehabilitation Research, U.S. Department of Education/Office of Special Education and Rehabilitative Services. Proposal submitted January 26, 2010. Not funded.
- Kosma, M. (Principal Investigator) & Ellis, R. (Co-Investigator) (2008). *Construct validity of a stages-of-change algorithm among adults with physical disabilities*. Requested \$5,000 from the American Alliance for Health, Physical Education, Recreation and Dance. Second phase of proposal submitted January, 2008. Not funded.
- Kosma, M. (2006). Psychosocial determinants of physical activity and physical function among adults with physical disabilities: An integrative framework. Requested \$10,000 from the Faculty Research Grant Program Individual Proposal. Submitted April, 2006. Not funded.
- Singelmann, J., Guin, C., Monroe, P., & Kondrat, M.E. (2005). Center for Research on Southern Poverty: Pathways out of poverty. PI for Kinesiology project: Kosma M.; Co-PIs: Gardner, R.E., Wood., R.H., Malone, L.A., Solmon, M.A., & Singelmann, J. Psychosocial determinants of self-report and performance-based physical activity among adults with physical disabilities. Three year budget was \$1,000,000; requested amount for Kinesiology group \$20,000 from the Area Poverty Research Centers: Assistant Secretary for Planning and Evaluation/DHHS. Submitted August, 2005. Not funded.

- Ellis Gardner, R., Wood, R.H., Solmon, M.A., Kosma, M., Harrison, L., & Goodson, M. (2005). The effects of community revitalization on physical activity patterns of urban residents. Requested \$200,000 from the Robert Wood Johnson Foundation/Active Living Research. Submitted May, 2005. Not funded.
- Kosma, M. (2005). *Psychosocial determinants of stages of change and physical activity among adults with physical disabilities*. Requested \$10,000 from the Faculty Research Grant Program Individual Proposal. Submitted April, 2005. Not funded.
- Solmon, M.A., Ellis Gardner, R., Harrison, L., Johnson, L., Kosma, M., Tuuri, G., & Wood, R.H. (2004). Using a structural equation model to examine relationships between the built environment, health behaviors, and obesity in a diverse community. Requested \$392,500 from the National Institutes of Health. Submitted December, 2004. Not funded.
- Kosma, M. (2004). A web-based physical activity motivational program for adults with physical disabilities. Requested \$10,000 from the American College of Sports Medicine Foundation. Submitted January, 2004. Not funded.
- Kosma, M. (2002). *A web-based physical activity motivational intervention for adults with physical disabilities*. Requested \$3,000 from the Northwest Health Foundation. Submitted October, 2002. Not funded.

FUNDED TRAVEL RESEARCH GRANTS

- Kosma, M. (2019). CHSE Dean's Faculty Research & Travel Grant Program. Awarded to present at the 15th Annual International Conference on Sport and Exercise Science, Athens Institute for Education and Research (ATINER), Athens, Greece. Accepted August 2019, \$1,993.
- Kosma, M. (2019). CHSE Dean's Faculty Research & Travel Grant Program. Awarded to present at the National Convention of SHAPE America in Tampa, FL. Accepted February 2019, \$500.
- Kosma, M. (2017). CHSE Dean's Auxiliary Travel Research and Travel Proposal. Awarded to present at the 13th Annual International Conference on Kinesiology and Exercise Sciences, Athens Institute for Education and Research (ATINER), Athens, Greece. Accepted July 2017, \$2,500.
- Kosma, M. (2016). CHSE Dean's Auxiliary Travel Research and Travel Proposal. Awarded to present at the 12th Annual International Conference on Kinesiology and Exercise Sciences, Athens Institute for Education and Research (ATINER), Athens, Greece. Accepted March 2016, \$1,000.
- Kosma, M. (2015). LSU Faculty Travel Grant. Awarded to present in the research consortium of the SHAPE America conference in Seattle, WA. Accepted January 2015, \$750.
- Kosma, M. (2015). CHSE Dean's Auxiliary Travel Research and Travel Proposal. Awarded to present in the research consortium of the SHAPE America conference in Seattle, WA. Accepted April 2015, \$953.
- Kosma, M. (2014). LSU Faculty Travel Grant. Awarded to present in the research consortium of the SHAPE America (*formerly*: American Alliance for Health, Physical Education, Recreation and Dance) conference at St. Louis, MO. Accepted February 2014, \$750.
- Kosma, M. (2011). Honorarium (\$300) recipient from the College of Public Health and Human Sciences at Oregon State University in order to discuss struggles in academia and ways to enhance student success in landing an academic position.

- Kosma, M. (2011). Oregon State University (OSU) Alumni Association travel support (\$870) in order to receive the 2011 OSU Young Alumni Award and present at the "*Classes without Quizzes*" homecoming seminar at Oregon State University, Corvallis, OR
- Faculty Advisor (2010). Graduate Student Travel Award (T. Kim). Awarded to Mr. Kim to present his milestone paper at the North American Society for the Psychology of Sport and Physical Activity conference, Tucson, AZ. Accepted June, 2010, \$350.
- Kosma, M. (2009). College of Education Faculty Travel Grant. Awarded to present at the International Conference of the Athens Institute for Education and Research (ATINER), Athens, Greece. Accepted April, 2009, \$1,000.
- Kosma, M. (2009). LSU Faculty Travel Grant. Awarded to present at the American Alliance for Health Physical Education Recreation and Dance conference, Tampa, FL. Accepted February, 2009, \$750.
- Kosma, M. (2008). Oregon Health and Science University State of the Science Scholarship. Awarded to present at the State of the Science Conference on Health, Wellness, and Disability, Portland, OR.
- Kosma, M. (2008). LSU Faculty Travel Grant. Awarded to present and be inducted as a fellow in the research consortium of the American Alliance for Health Physical Education Recreation and Dance conference, Fort Worth, TX. Accepted February, 2008, \$750.
- Kosma, M. (2007). LSU College of Education Faculty Travel Grant. Awarded to present at the American Alliance for Health Physical Education Recreation and Dance conference, Baltimore, MD. Accepted March, 2007, \$500.
- Kosma, M. (2006). LSU Faculty Travel Grant. Awarded to present at the International Congress of Applied Psychology, Athens, Greece. Accepted July, 2006, \$1,000.
- Kosma, M. (2006). LSU Faculty Travel Grant. Awarded to present at the annual meeting of the American College of Sports Medicine and the North American Society for the Psychology of Sport and Physical Activity conference (joint meeting), Denver, CO. Accepted February, 2006, \$750.
- Kosma, M. (2004). LSU Teaching Enhancement Fund. Awarded to present at the North American Federation of Adapted Physical Activity conference, Thunder Bay, ON. Amount funded \$400.
- Kosma, M. (2004). LSU Faculty Travel Grant. Awarded to present at AIESEP Pre-Olympic Congress, Thessaloniki, Greece. Amount funded \$1,000.
- Kosma, M. (2004). LSU Faculty Travel Grant. Awarded to present at the American Alliance for Health Physical Education Recreation and Dance conference, New Orleans, LA. Amount funded \$580.
- Kosma, M. (2003). OSU Graduate and Professional Student Association. Awarded to present at the annual meeting of the American College of Sports Medicine, San Francisco, CA. Amount funded \$120.

HONORS AND AWARDS

- 2018 Recipient, 15-year service award, Louisiana State University, Baton Rouge, LA.
- 2011 Recipient of the 2011 Oregon State University Young Alumni Award. Awarded at the 2011 Alumni Fellows and Young Alumni Awards Banquet, Corvallis, OR.

- 2008 Fellow, Research Consortium (*now*: SHAPE), American Alliance for Health, Physical Education, Recreation, and Dance (*now*: SHAPE). Inducted at the 2008 AAHPERD National Convention, Fort Worth, TX.
- 2008 Emerging Scholar Award on Health, Wellness and Disability, Rehabilitation Research and Training Center, Oregon Health and Science University, Portland, OR.
- 2008 Certificate of Achievement for receiving the Mabel Lee Award through AAHPERD, College of Education, Louisiana State University.
- 2008 Certificate of Achievement for obtaining Fellow Status in the Research Consortium of AAHPERD, College of Education, Louisiana State University.
- 2007 Mabel Lee Award, American Alliance for Health Physical Education Recreation and Dance. Awarded at the 2007 AAHPERD National Convention, Baltimore, MD.
- 2004 Sport and Exercise Psychology Academy Dissertation Award. American Alliance for Health Physical Education Recreation and Dance/NASPE. Awarded at the AAHPERD National Convention, New Orleans, LA.
- 2003 Research Consortium Graduate Student Research Award (\$1,000). American Alliance for Health Physical Education Recreation and Dance. Awarded at the AAHPERD National Convention, Philadelphia, PA.
- 2003 Steven O. Skaggs Award, Oregon State University, Movement Studies in Disability Program, Department of Exercise and Sport Science, Corvallis, OR.
- 2003 Certificate of Appreciation, for 2 years service as a student representative of the International Federation of Adapted Physical Activity.
- 2002 Second Prize Award (\$125): Oral Presentation Competition, Oregon State University Graduate Conference, Corvallis, Oregon.
- 1998- ERASMUS Exchange Scholarship: European Master's Degree in Adapted Physical Activity.
- 1999
- Honorary Scholarship (~\$575) for college-level academic excellence (1995-1996), Ministry of Education,
 Greece.
- 1993 Mayoral Recognition/Award for high school student excellence, Lamia, Greece.

BIOGRAPHICAL CITATIONS

- Listed in, Who's Who in America, Marquis Who's Who (2019).
- Listed in, Who's Who in the World, Marquis Who's Who (2019).
- Listed in, Albert Nelson Marquis Lifetime Achievement Award (2018).

Listed in, Who's Who in the World, Marquis Who's Who (2018).

Listed in, Who's Who in Academia (2014).

Listed in, Who's Who in America, Marquis Who's Who (2011).

Listed in, *Cambridge Who's Who Registry among Executives, Professionals and Entrepreneurs*, Cambridge Who's Who (2010-2011).

Listed in, Cambridge Who's Who Registry among Executives and Professionals, Cambridge Who's Who (2009-2010)

Listed in, Biltmore Who's Who Empowering Executives and Professionals (2010).

Listed in, Who's Who in Medicine and Healthcare, Marquis Who's Who (2009-2010).

Listed in, Who's Who in America, Marquis Who's Who (2009).

Listed in, Who's Who Among Executives and Professionals, Madison Who's Who (2008-2009).

Listed in, Who's Who in the World, Marquis Who's Who (2007).

Listed in, Who's Who in Medicine and Healthcare, Marquis Who's Who (2007).

Listed in, Who's Who Among America's Teachers, National Association of Sport and Physical Education (2006).

PROFESSIONAL AFFILIATIONS

SHAPE America (formerly: AAHPERD) (2002-present)

North American Society for Psychology of Sport and Physical Activity (2009-2010)

American Psychological Association/Division 38 (Health Psychology) (2008)

International Federation of Adapted Physical Activity (2002-2008)

North American Federation of Adapted Physical Activity (2002-2008)

American College of Sports Medicine (2004, 2006)

American Public Health Association (2006)

International Association of Applied Psychology (2006-2007)

Louisiana Association for Health, Physical Education, Recreation and Dance (2004-2007)

National Association for Kinesiology and Physical Education in Higher Education (2002-2005)

UNIVERSITY SERVICE

Louisiana State University: School of Kinesiology

Member, Search Committee for the position of Assistant/Associate Professor in Pedagogy and Psychological Sciences. Position was filled (2016-2017).

Member, Diversity Committee for Strategic Planning (2012 - present)

Member, Research Committee for Strategic Planning (2009 – 2011)

Member, Dissertation Selection Committee (2009, 2011)

Member-at-Large, Departmental Advisory Council (2009)

Member, Teacher Education Committee (2003 – 2009)

Member, Awards Committee (2005 – 2006, 2008-2009)

Member, Search Committee for the Assistant Professor position in Pedagogy and Psychological Sciences (position was filled) (2007 – 2008).

Member, Search Committee for the position of Department Chair (position was filled) (2007 - 2008).

Member, Search Committee for the Assistant Professor position in Human Motor Development (position was filled) (2006 – 2007).

Member, Search Committee for the Assistant Professor position in Health Promotion (position was not filled) (2005 – 2006).

Member, Graduate Student Learning Outcomes Committee (2005 – 2006)

Member, Undergraduate Research Committee (2005 - 2006)

Member, General Education Committee (2005 – 2006)

Course coordinator, Kin 1600, Personal and Community Health Problems (2004 – 2005)

Louisiana State University: College of Human Sciences and Education

Member, Life Course and Aging Center (2017 - present)

Member, Internationalization Advisory Committee (2014-2017)

Member, Diversity Committee (2006 – 2011)

Member, Research Advisory Committee (2005 – 2006)

Louisiana State University: Center Service

Member, Life Course and Aging Center (2004 – 2016)

Member, Louisiana Population Data Center (2005 – 2011)

PROFESSIONAL SERVICE

Graduate Program Consultant

Fall 2018 – spring 2019: Consultant, Physical Activity Health Promotion Graduate Certificate and Program; MS in Kinesiology; PhD in Health Science. School of Allied Health Sciences, Boise State University, Boise, ID.

Graduate Program Reviewer

October 2018: External Reviewer, Master of Science Degree in Health & Kinesiology. Department of Health & Kinesiology, College of Education, Northeastern State University, Tahlequah, OK.

Committee Service

Member, Program Committee for Sport and Exercise Psychology for the 2010 North American Society for the Psychology of Sport and Physical Activity convention. Responsibilities included organizing the sport and exercise program for the 2010 conference with the theme being "sport and exercise with special populations"; selecting major speakers and senior lecturer; selecting invited symposia; selecting moderators/presiders; reviewing conference abstracts.

Student representative, International Federation of Adapted Physical Activity (2001 - 2003)

Editorial Board

European Journal of Adapted Physical Activity (2008 – present)

International Journal of Kinesiology and Sports Science (2017 - present)

Book Review

Sanderson, C. A. (2017). Sport Psychology. New York, NY: Oxford University Press.

Manuscript Reviewer (alphabetically listed)

Adapted Physical Activity Quarterly

Behavioral Neurology

BMC Geriatrics

BMC Public Health

Disability and Health Journal

Disability and Rehabilitation

European Journal of Adapted Physical Activity

Health Psychology

International Journal of Kinesiology and Sports Science

International Journal of Sport and Exercise Psychology International Quarterly of Community Health Education International Journal of Sport Psychology Journal of Gerontology: Psychological Sciences Journal of Science and Medicine in Sport Journal of Sport & Exercise Psychology Journal of Sports Sciences Journal of Teaching in Physical Education Journal of Women's Health Medicine & Science in Sports & Exercise Preventive Medicine Psychological Reports Research Quarterly for Exercise and Sport Sport, Exercise, and Performance Psychology Women in Sport & Physical Activity Journal

Abstract Reviewer

Research abstracts program reviewer, Motivation and Psychology, for the 2020 SHAPE America convention in Salt Lake City, UT.

Research abstracts program reviewer, Motivation and Psychology, for the 2019 SHAPE America convention in Tampa, FL.

Research abstracts program reviewer, Motivation and Psychology, for the 2018 SHAPE America convention in Nashville, TN

Research abstracts program reviewer, Motivation and Psychology, for the 2017 SHAPE America convention in Boston, MA.

Research abstracts program reviewer, Motivation and Psychology, for the 2016 SHAPE America convention in Minneapolis, MN.

Research abstracts program reviewer, Motivation and Psychology, for the 2015 SHAPE America convention in Seattle, WA.

Research abstracts program reviewer, Motivation and Psychology, for the 2014 SHAPE America convention in Indianapolis, IN.

Sport and Exercise Psychology program reviewer for the North American Society for the Psychology of Sport and Physical Activity convention (2010).

Research Consortium program reviewer for the American Alliance for Health, Physical Education, Recreation and Dance convention (2006).

Award Reviewer

Review panelist, Sport and Exercise Psychology Dissertation Award, National Association for Sport and Physical Education (2005).

International Conference Presider

Presided the "Injury and Rehabilitation in Sport and Exercise" program session at the 13th Annual International Conference on Kinesiology and Exercise Sciences, Athens Institute for Education and Research (ATINER), Athens, Greece (2017).

Presided the "Exercise Biochemistry/Biomechanical Effects of Training" program session at the 12th Annual International Conference on Kinesiology and Exercise Sciences, Athens Institute for Education and Research (ATINER), Athens, Greece (2016).

Presided the "Motivation and Psychological Factors" program session at the American Alliance for Health, Physical Education, Recreation, and Dance national convention, Indianapolis, IN (2010).

Presided the Lifestyle and Health session at the 26th International Congress of Applied Psychology, Athens, Greece (2006).

Presided over two sessions at the North American Federation of Adapted Physical Activity conference, Corvallis, OR (2002).

Dissertation Research External Examiner

Dissertation research external examiner for Mr. Kwok Ng, PhD candidate, Faculty of Sport and Health Sciences, University of Jyväskylä, Jyväskylä, Finland – July 2016.

Personnel Assessment for Promotion, Retention, and Tenure

Peer Assessment for *promotion in rank to Associate Professor with tenure* to Stamatis Agiovlasitis, Ph.D., Associate Professor, Department of Kinesiology, Mississippi State University.

Peer Assessment for *promotion in rank to Associate Professor with tenure* to Rie Suzuki, Ph.D., Associate Professor, Department of Public Health and Health Sciences, School of Health Professions and Studies, The University of Michigan-Flint.

Peer Assessment of Teaching for *promotion in rank to Professor* to Bradley J. Cardinal, Ph.D., Professor, College of Public Health and Human Sciences, Oregon State University.

Peer Assessment of Teaching for *promotion in rank to Associate Professor with tenure* to Joonkoo Yun, Ph.D., Walker Distinguished Professor and Chair of the Department of Kinesiology at East Carolina University, Greenville, NC. *Formerly*: Professor, College of Public Health and Human Sciences, Oregon State University.

INTERNATIONAL SABBATICAL LEAVE SCHOLARS HOSTED

Scholar's Name	Scholar's Home Institution	Nature of Appointment and Inclusive Dates
Ms. Xingling Xu, Senior Lecturer	Jiangsu University of Science and technology, Jiangsu Province, China	Visiting Scholar, School of Kinesiology, LSU, 8/12 – 2/13

LECTURE-BASED COURSES TAUGHT AT LSU

- 1. Kin 7604 (Graduate), Community-Based Public Health
- 2. Kin 7999 (Graduate Seminar), Community-Based Public Health
- 3. Kin 7900 (Graduate), Introduction to Research Methods
- 4. Kin 7601 (Graduate), Changing Health Behavior
- 5. Kin 4520 (Undergraduate), Psychosocial Aspects of Physical Activity
- 6. Kin 4501 (Undergraduate, Special Topics), Socio-cultural Aspects of Exercise
- 7. Kin 4606 (Undergraduate), Introduction to Health Promotion
- 8. ENTR 4100 and ID 4758 (co-instructor, undergraduate interdisciplinary), *Introduction to Healthcare Innovation*
- 9. Kin 3540 (Undergraduate), Mild/Moderate Disabilities and Physical Activity
- 10. Kin 2540 (Undergraduate), Introducing Physical Education for Individuals with Disabilities

MENTORED RESEARCH, STUDY (UNDERGRADUATE AND GRADUATE) AT LSU

- 1. Kin 4900 (Undergraduate), Independent Study
- 2. Kin 8900 (Graduate), Independent Research
- 3. Kin 9000 (Graduate), Dissertation Research

INVITED GUEST LECTURER

- 1. HPP 632, Social Justice Public Health (*topic*: Racism), Spring 2018, Department of Community Health Education, School of Public Health and Health Sciences, University of Massachusetts, Amherst, MA.
- KIN 7503, Dimensions of Aging, Fall 2010, Department of Kinesiology, Louisiana State University, Baton Rouge, LA.
- 3. KIN 2501, History and Philosophy of Kinesiology, Fall 2006, Department of Kinesiology, Louisiana State University, Baton Rouge, LA.

- 4. KIN 2501, History and Philosophy of Kinesiology, Spring 2006, Department of Kinesiology, Louisiana State University, Baton Rouge, LA.
- 5. KIN 2501, History and Philosophy of Kinesiology, Summer 2005, Department of Kinesiology, Louisiana State University, Baton Rouge, LA.
- 6. EXSS 381, Critical Issues and Analysis in Exercise and Sport Science, Winter 2003, Department of Exercise and Sport Science, Oregon State University, Corvallis, OR.
- 7. EXSS 313, Youth Sports, Winter 2003, Oregon State University, Department of Exercise and Sport Science, Corvallis, OR.
- 8. EXSS 444, Adapted Physical Activity, Fall 2002, Oregon State University, Department of Exercise and Sport Science, Corvallis, OR.

STUDENT ADVISING

Student's Name	Instructional Role	Degree/Completion Date
Doctoral Students		
Faculty of Sport and Health Sciences, University of Jyväskylä, Jyväskylä, Finland		
Kwok Ng	External Examiner	PhD/2016
School of Kinesiology, Louisiana State University (LSU)		
John B Bernstein	Dean's Representative	PhD/2019
Carla Harmon	Dean's Representative	PhD/2015
Jennifer M. Fabre	Co-Chair	PhD/2009
Tao Zhang	* Committee Member (co- mentoring) – major assistance with conceptual framework, design, data analyses, results and interpretation	PhD/2009
Phil A. Page	Committee Member	PhD/2009
Delilah S. Moore	Co-Chair	PhD/2008
Zan Gao	Committee Member (co-mentoring) – major assistance with conceptual framework, design, data analyses, results and interpretation	PhD/2007
Devon A. Dobrosielski	Committee Member	PhD/2007
Holly S. Kihm	Committee Member	PhD/2006
Tracie R. Parish	Committee Member (co-mentoring) – major assistance with conceptual framework, design, data analyses, results and interpretation	PhD/2006
Tiffany M. Kodak	Dean's Representative	PhD/2006
Kenneth Tillman	Dean's Representative	PhD/2006

Charity L. Bryan	Committee Member (co-mentoring) - major assistance with conceptual framework, design, data analyses, results and interpretation	PhD/2006
Lori L. DeLong	Committee Member	PhD/2006
Masters Students (LSU)		
Jessica Evans	Chair	MS (Non-Thesis)/2019
Nina Anderson	Committee Member	MS (Non-Thesis)/2016
Melissa Wolak	Chair	MS (Non-Thesis)/2015
Jamie Freeman	Committee Member	MS (Non-Thesis)/2014
Jacob Cullen	Committee Member	MS (Non-Thesis)/2013
Jeremiah Frigo	Committee Member	MS (Non-Thesis)/2012
TaeEung Kim	Chair	M.S. (Non-Thesis)/2012
Simone Sonnier	Committee Member	MS (Non-Thesis)/2012
Alexandra Braud	Committee Member	MS (Non-Thesis)/2012
Akia Scruggs	Committee Member	MS (Non-Thesis)/2012
James Fisher	Committee Member	MS (Non-Thesis)/2012
Alexis Laughlin	Committee Member	MS (Non-Thesis)/2012
Matt Menard	Committee Member	MS (Non-Thesis)/2012
Jamie Mascari	Committee Member	MS (Non-Thesis)/2011
Patrick Tutka	Committee Member	MS (Non-Thesis)/2011
Amy Vayda	Committee Member	MS (Non-Thesis)/2011
Fernanda Winchester	Committee Member	MS (Thesis)/2007
Robert B. Lestage	Committee Member	MS (Thesis)/2006
Angela Nickole Solomito Pugh	Committee Member	MS (Thesis)/2006
Robyn Bossier	Committee Member	MS (Thesis)/2005

Jennie L. Morales	Committee Member	MS (Holmes, No Thesis)/2004
Undergraduate Students (LSU)		
Chase Savoie	Research project	BS/in progress
Molly Mallory	Independent study	BS/2017
Lauren Carrier	Honor's College credit	BS /2017
Allyson French	Honor's College credit	BS/2013

• I was not listed on the final examination forms for Dr. Tao Zhang because I was attending the ATINER conference, Athens, Greece.